

CADC NUTRITION Weatherford

August 2018 Menu

Sandy Williams, Site Manager
 For Reservations call 772-1193
 Call before 9:00 a.m.
 Or you can call the day before.

Note: Suggested donation for
 60 years or Older is \$3.00
 Meal Cost for under 60 - \$7.00
 (Menus Are Subject To Change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Salisbury Steak/Gravy Corn Broccoli Salad Batter Bread Melon or Fruit	2 Ham & Cheese On Whole Wheat Lettuce & Tomato Vegetable Soup Strawberries & Bananas	3 Beef, Tomato Cabbage Scallop Breaded Squash Corn Muffin Cherry Applesauce
6 Cheeseburger On Bun Assorted Relishes Baked Beans Apricot Cobbler	7 Bar B Que Chicken Mashed Potato Casserole Summer Squash Salad Wheat Hot Roll Pudding Poke Cake	8 Lemon Pepper Fish Chuck Wagon Corn Confetti Coleslaw Hush Puppies Fruited Jello	9 Submarine Sandwich Assorted Relishes Cucumber Onion Salad Chocolate Chip Cookie Bar	10 Quesadilla Beef Refried Beans Lettuce & Tomato Salad Tortilla Chips & Salsa Fresh Fruit Cup
13 Meat Loaf Green Peas Glazed Carrots Hot Roll Rice Pudding	14 Chicken Pot Pie With Biscuit Topping Green Beans Garden Tomato Salad Banana Pudding	15 Chef Salad With Dressing Tinted Pears Saltine Crackers Cinnamon Roll	16 Steak Fingers/Gravy Mashed Potatoes Broccoli/Cauliflower Salad Hot Roll Watermelon or Fresh Fruit	17 Ham and Beans Spinach Marinated Cucumbers Mexican Cornbread Strawberry Short Cake
20 Spaghetti w/Meat Italian Blend Vegetables Tossed Salad Garlic Bread Stick Mandarin Orange/Pineapple Salad	21 Oven Fried Chicken Mashed Potatoes w/Gravy Green Beans w/Red Peppers Wheat Hot Roll Fresh Fruit	22 Hobo Dinner Cabbage Cornmeal Hot Roll Jello Poke Cake	23 Bar B Que Diced On Bun Ranch Style Beans Potato Salad Peach Cobbler	24 Enchilada Casserole Mexican Corn Combination Salad Tortilla Chips & Salsa Jello Fluff
27 Hamburger On a Bun Assorted Relishes Oven Fries (wedges) Apple Cobbler	28 Chicken Strips/Gravy Mashed Potatoes w/Skins Spinach Salad/Strawberries Angel Biscuit Layered Pudding Dessert	29 Indian Taco w/Cheese & Salsa Pinto Beans Lettuce & Tomato Brownie	30 Turkey Breast Slice Black Eyed Peas Zucchini & Tomatoes Cornbread Mandarin Oranges	31 Tuna Salad Sandwich Pickled Beets Broccoli/Cheese Soup Saltines Peanut Butter Cookies