

CADC NUTRITION Weatherford

January 2019 Menu

Sandy Williams, Site Manager
 For Reservations call 772-1193
 Call before 9:00 a.m.
 Or you can call the day before.

Note: Suggested donation for
60 years or Older is \$3.00
 Meal Cost for under 60 - \$7.00
 (Menus Are Subject To Change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Happy New Year 	1 CLOSED To observe The New Year Day	2 Smothered Pork Chop Mashed Potatoes w/Skins Broccoli & Cauliflower Hot Roll Fresh Fruit Cup	3 Hot Turkey Sandwich Creamed Peas Sliced Carrots Apple Crisp	4 Taco Soup w/Cheese Fruit Salad Tortilla Chips Frosted Chocolate Cake
7 Spaghetti/Meat Sauce Italian Blend Vegetables Tossed Salad Garlic Bread Stick Fruit Cup	8 Chicken Strips Mashed Potatoes/Gravy Turnip Greens Biscuit Peach Cobbler	9 Breaded Fish Squash Casserole German Cucumbers Cornmeal Muffin Pudding	10 Cheeseburger Assorted Relishes Baked Beans Orange Juice Oatmeal Raisin Cookies	11 Ham and Beans Oven Fried Potatoes Pickles and Onions Cornbread Pineapple Upside Down Cake
14 BBQ Pork Ribette/Bun Ranch Style Beans Coleslaw Pineapple Crisp	15 Oven Fried Chicken Mashed Potatoes/Gravy Broccoli/Cauliflower Salad Hot Roll Strawberry Fruited Jello	16 CLOSED For Nutrition Staff Training	17 Pork Roast/Gravy Candied Yams Cabbage Wheat Hot Roll Plum Cobbler	18 Chicken Salad Sandwich Corn Chowder Carrifruit Salad Saltines Soft Ginger Cookies
21 CLOSED To observe Martin Luther King Jr. Day	22 Chicken & Dumplings Cabbage Asian Carrot Salad Bran Muffin Layered Pumpkin Dessert	23 Beef Stew Pea Salad Pears Saltines Gingerbread/Topping	24 Baked Ham Baked Sweet Potato Green Bean Casserole Cornbread Mixed Fruit	25 Fish/Tartar Sauce Scalloped Potatoes Spinach Orange Juice Corn Muffin Hot Cinnamon Apple Slices
28 Beef Stroganoff Over Noodles California Vegetables Mandarin Oranges Wheat Hot Roll Bread Pudding/Caramel Sauce	29 Chicken Parmesan Sour Cream Potatoes Glazed Carrots Hot Roll Apple Cobbler	30 Vegetable Beef Soup Marinated Cucumbers/Onions Cornbread Brownie	31 Turkey Breast/Gravy Spiced Mashed Sweet Potatoes Capri Vegetables Wheat Hot Roll Ambrosia	