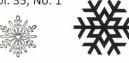
City of Weatherford Pioneer Center 1000 Gartrell Place Weatherford, OK 73096 JANUARY 2025 Vol. 35, No. 1





Melissa Gabbert Director Hours: 8-5 Monday-Friday Phone: (580)772-1191









Happy New Year!

A Note from the Director

Thank you all for making 2024 a year to remember. We have lost participants who will never be forgotten, and welcomed new participants who are unforgettable. We have tried new programs and some are going strong, some are gone. 2025 is going to be a wonderful year, full of fun and excitement! Pioneer Center will be Celebrating the 35th Anniversary in April! We will continue trying new programs throughout the coming year, while growing our existing programs. Our goal is for every participant who walks into Pioneer Center to feel welcome. We are always open to suggestions, and fun ideas.

Thank you! Melissa

PIONEER CENTER CLOSED Wednesday, January 1st HAPPY NEW YEAR!



NO LUNCH served on:

Wednesday, January 1st Monday, January 20th



PIONEER CENTER CLOSED MONDAY JANUARY 20th

YMCA Workout NEW YEAR, NEW TIME

Starting Friday, January 3rd, 9:45 a.m.

Nobody likes change, however, we said goodbye to Addi Rodriguez, who led this class for several months. We hate to see her go, but we are blessed to have Dr. Suzanne Dunai return to lead this class. Suzanne teaches at SWOSU and in order to make it work with her schedule we will start our class at 9:45 a.m. We hope you will continue to join us for this wonderful workout. It is easy and fun, no matter what your fitness level. Many of the movements are done from a chair, but don't let this fool you, you will get a full workout. It helps with balance, core, strength, and toning. This class fills up quick, so get here early, many partici-pants come early to walk the halls and warm up before class. Start the New Year out right by getting yourself in better shape. We look forward to seeing you here!

Pioneer Center will close at 4:30 p.m. Thursday, January 9th

Senior Night Out Thursday, Jan. 9, 4:30 p.m.

Join us for a evening of fellowship and dinner. We have had a request to return to eat at Gloria's in Hydro. The bus will be leaving the Pioneer Center at 4:30 p.m. Reservations are required, bus space is limited. Call for reservations on Thursday, Jan 2. If you plan to meet us in Hydro, please call to make a reservation, 580 -772-1191. We turn in a count to the restaurant so they can accommodate our group. **(If we have bad weather on 9th, the trip will be post-poned to Thursday, January 16th.)** Come join us for a fun night out!





BLOOD PRESSURE/BLOOD SUGAR CHECKS

Wednesday, January 22nd

Angels Care Home Health will be here on Wednesday, January 22nd, in the Pioneer Center Dining Hall at 10:30 a.m. to provide FREE of charge, Blood Pressure and Blood Sugar checks. Make sure you sign a release sheet. A huge thank you goes to Joyce Gastineau, and the staff of Angels Care Home Health for this muchneeded and appreciated service for our participants here at the Pioneer Center.



PAGE TURNERS BOOK CLUB

Come join the Page Turners book club. They meet monthly and this month they will meet on Thursday, January 23rd at 10:00 a.m. in the Pioneer Center Library. Jason Dibbler, Weatherford Public Library Manager will be here to lead the book review and discussion. This months book is "Romantic Comedy", by Curtis Sittenfeld. The first of the year is one of the best times to start a new activity, why not reading? It keeps your mind active, you learn new things, and who knows you may discover a new author that you really enjoy. We have a good time each month discussing the books we read. It is interesting to hear everyone's take on the same book. Come join us!

JANUARY B-I-N-G-O

Thursday, January 2nd, 10:00 a.m. /Friday, January 24th, 2:00 p.m./
Thursday January 30th, 10:00 a.m.

BINGO is the most popular game here at Pioneer Center so join us for a great time. You will enjoy good fellowship and a lot of laughter. Pioneer Center provides all the prizes, so bring a friend an join the fun. We get pretty creative with the games, to keep it interesting.



JANUARY GUEST SPEAKERS TUESDAYS 10:30 a.m.





7th— April-Master Herbalist/Owner Red's Remedies
14th— Weatherford Police Chief, Angelo Orefice &
Weatherford Fire Chief, Kory Selman
21st — Weatherford Mayor Mike Brown
28th— Miss SWOSU Mia Macias





WRITING CLASS Friday, January 3rd & 17th

The writing class is a group of very lively and creative people that love to write. If you are a beginner or a pro, everyone is welcomed to join Carol Henderson's writing class. They meet each month on the first and third Friday at 10:00 a.m. in the Pioneer Center craft room. If you enjoy writing and would love to share some of your work, this group is always open to all. Come join this creative class and enjoy works from others.

GAMES IN THE GAME ROOM

Every Monday & Thursday, 12:30 p.m.

The Mondays and Thursdays in January 2025 will be entertaining times for those who enjoy playing card games and dominoes. Join the group right after lunch at 12:30 p.m. in the Game Room to have some fun playing games. Those attending decide what to play that day. Since the Pioneer Center will be closed on Monday, January 20, for Martin Luther King Day, games will be played on the other three

Mondays and all of the Thursdays in January.



CRAFT TIME

Thursday, January 16th, 10:00 a.m.

Join us in the craft room for a fun winter craft. There is no charge for this activity, but we will be limiting the number to 12. So please sign up by call-

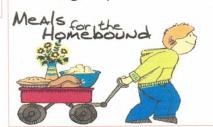
ing the Pioneer Center office at, 580-772-1191, starting on Thursday, January 2nd after 8:00 a.m. It's FREE and it will be fun and easy.



VOLUNTEERS/HOMEBOUND DELIVERED MEALS

Weatherford Nutrition would like to give a BIG Thank You to <u>All</u> of the volunteers who delivered meals in December! Your acts of kindness are greatly appreciated!

Weatherford Nutrition is always welcoming new volunteers, a route can take anywhere from thirty minutes to an hour to deliver. If you are interested in delivering meals and making a difference in the lives of our homebound participants, please call **580-772-1193** to sign up for a route. Thank you!





OSU Extension Program

"Fire Safety for Seniors"

Tuesday, January 14th, 9:00 a.m.

Lesa Rauh will be here to do her monthly program on fire safety. How safe is your home from fire hazards? Let's take a walk through our homes and identify potential fire hazards. We hope you will join us for this informative program presented by Lesa. We appreciate Lesa and the OSU Extension for presenting our seniors with helpful programs every month.



MONTHLY RSVP TIME SHEETS

Please turn in your volunteer hour sheets by the end of day, 5:00 p.m., on Tuesday,

January 7th.

HABASKETRY CLASS

Friday, January 10th, 9:00 a.m.

Pauline Asbury will be here at the Pioneer Center on **Friday**, **January 10th**, at 9:00 a.m. for her monthly Habasketry Class. She offers a variety of projects to choose from, both big and small. She always has something educational and new to try. To reserve your spot and for more information concerning cost

or details, call Pauline direct at 405-833-8243. Come try something new and take home a wonderful art piece. This class always has a good time and Pauline is a great instructor and a joy to know.



COMMUNITY CLASSROOM

Tuesday, January 21st @ 11:00 in the Dining Room

Please join us right before lunch for this once a month informative program. Joyce from Angel's Care Home Health presents different topics, from bug bites to hydration. Joyce brings handouts about the topic and will answer your questions, if you have any. If there is anything that you would be interested in learning about, feel free to talk to her. We appreciate Joyce and Angel's Care Home Health for all they do for Pioneer Center.



CROCKPOT CANDY

32 oz dry roasted, salted peanuts

32 oz white almond bark

18 oz semi-sweet chocolate chips

Line 4 large cookie sheets with parchment paper and set aside.

Add all ingredients to crockpot, cover with lid and cook on low for 1 hour without stirring.

After 1 hour, mix well, cook for another hour, stirring every 20 minutes.

Drop heaped tablespoons of candy onto parchment paper.

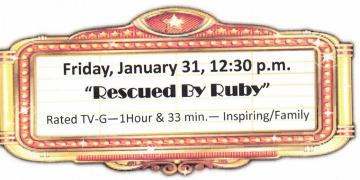
Refrigerate for 20-30 minutes until set. ENJOY!



A by-the-book political aide falls for a bighearted Air Force pilot while looking to shut down his tropical base and its airborne Christmas tradition.



A newly divorced teacher fed up with her life. A caring doctor facing a new future. Can they find themselves—and each other—on a survival adventure?



Chasing his dream to join an elite K-9 unit, a state trooper partners with a fellow underdog: clever but naughty shelter pup Ruby. Based on a true story.

