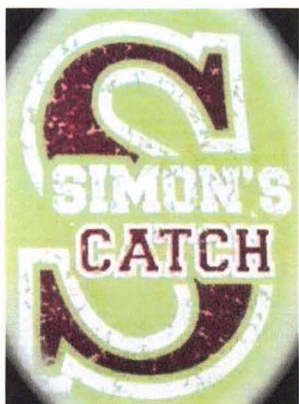




2025

Simon's Catch

Thursday, October 16th, 4:00 p.m.



Our annual trip to Simon's Catch is finally here! The bus will depart from Pioneer Center at 4:00 p.m. on Thursday, October 16th. We will make our way to Simon's Catch where we will dine on the best catfish (all you can eat) or other menu items (for those who do not prefer fish). The price for all you can eat catfish is **\$16.99**, other menu items run from **\$10-\$33**. There is no cost to ride the bus, and dinner is on your own. We will make a **"quick"** stop in Elk City to shop at Hobby Lobby, if the majority is in favor. You can sign up for this trip starting Wednesday, October 1st by calling 580-772-1191 or stop by the office to get your name on the list. Deadline to sign up is Tuesday, October 14th. Space on the bus is limited, don't forget to sign up!

OSU EXTENSION PROGRAM

WITH LISA RAUH

Tuesday, Oct. 7th, 10:00 a.m.

"HELLO PUMPKIN"

We will explore versatility of autumn's favorite cucurbit! From decorations to desserts this fascinating and nutritious veggie is the stuff of legends—there is a GREAT PUMPKIN, Charlie Brown! We will do a bit of taste testing, too! Please join Lesa for her last program before retirement. We want to thank Lesa for sharing her knowledge on a wide variety of topics throughout the years. We will miss you Lesa but wish you the best of luck on your next chapter!

****You are invited to Lesa's come & go retirement reception at the Custer County Fairgrounds in Clinton on Monday, Oct. 27th from 1:30-4:30**



We will be taking the bus to Clinton to show our support of Lesa and the wonderful job she has done at Pioneer Center. Bus leaves at 12:30.

Legal Aid of Clinton

Legal Aid Services of Clinton will have a representative here on Thursday, October 2nd at 10:00 a.m. in the craft room. If you have any questions about legal issues please come to this informative program.



Well Wishers Card Club

Wed. Oct. 1st @ 9:30 a.m.

The Well Wishers meet on the first working day of the month, in the craft room. They provide cards to homebound and nursing homes. This wonderful group of ladies are faithful in brightening the day of the recipient with an uplifting, hand written card. If you would like to join in feel free to stop by the craft room and lend a hand.



MARK YOUR CALENDARS

35TH ANNUAL STEW DINNER

SATURDAY, NOVEMBER 22, 2025

11:00 – 1:30



NUTRITION NEWS

Weatherford Nutrition is in need of volunteers to deliver homebound meals for the next few months. We want to thank Emmanuel Baptist Church, Susan Kirk, Candace Lindamood, Brian & Kristian Poisson, Steve Bryden, Debbie Zohorsky and Debbie Brown, for delivering meals in September. For the next five months we rely on the **COMMUNITY** to help with this much needed service.

If you would be interested in helping out please contact Rhonda Nelson, Site Manager, at 580-772-1193, or stop by Pioneer Center to sign up to deliver meals.



Be sure to call in if you plan to eat at the Pioneer Center no later than 2:00 p.m. on the day before you plan to eat. To reserve or cancel your meal call 580-772-1193.

Blood Pressure/Blood Sugar Checks

Wednesday, October 15th, 10:30 a.m.

Angels Home Health Care will be here to do our monthly Blood Pressure and Blood Sugar checks at 10:30 a.m. Many use this screening, and we appreciate Angels Care Home Health and its staff for being here faithfully to provide these free health checks.

OCTOBER B-I-N-G-O

Thursday, 9th, 10:00 a.m.

Friday, 24th, 2:00 p.m.

Come join the fun! We will meet on the 9th in the craft room and on the 24th in the dining room. We always have a good time and there are a lot of prizes to be given out. Grab a friend or two and join in the fun! We may have a Halloween twist, so don't miss out!



Ask a Pharmacist: Fall Wellness Chats

Friday, October 10th, 12:15 p.m.

Join SWOSU student pharmacist from the American Society of Consultant Pharmacists (ASCP) for an engaging afternoon of conversation, health education, and fall fun. We will meet in the stage area for this program. Enjoy hot apple cider, tea, and fall-themed snacks! Collect stickers in your Wellness Passport at each station!

OCTOBER GUEST SPEAKERS TUESDAYS 10:30 a.m.

14th—Weatherford Mayor Mike Brown

21st— WFD/WPD

28th— Stephanie Warner—Long term care planning



WICHITA Mt. WILDLIFE REFUGE

Thursday, OCTOBER 30TH, 9:00 a.m.

The bus will leave Pioneer Center at 9:00 a.m. We will drive through the Wildlife Refuge, make stops at Friends of the Wichita Nature Store, Holy City, and any other place along the way that catches our eye. There is not a strict schedule for the day, we plan to take our time and enjoy the beauty around us. There could be steps, standing and walking on this trip and who knows what the weather will be like, so bring a jacket/sweater. No cost to ride the bus. We will eat at Ann's Country Kitchen. Lunch is on your own. Sign up in the Pioneer Center office or call 580-772-1191 beginning Wednesday, October 1st. Seats on the bus are limited! Deadline to sign up is October 20th by 5:00 p.m.



WRITING GROUP

Friday, October 3rd, 17th, 31st

The writing group meets the first and third Friday of each month at 10:00 a.m. in the Pioneer Center Craft Room. This month there is a bonus Friday! You do not have to be a published author to join this group. It is for all levels of writers. Everyone is welcomed. You don't need to sign up, just come enjoy!

GAME TIME

Monday & Thursday 12:15 p.m.

This group meets every Monday & Thursday in the Game Room. If you want to play games; such as rook, spades, canasta, dominoes, rummikub and many more games. Plan to join others who enjoy games and discover how much fun you can have!



MONTHLY RSVP TIME SHEETS

Please don't forget to turn in your RSVP time sheets before the 7th of each month. If you have time sheets from previous months, go ahead and turn those in as well. We like to have just the current month, but if you have been gone and need to get caught up, please turn in the past sheets. Your numbers still count!

YMCA WORKOUT

10:00 Every Mon., Wed., Fri.

Join us every Monday, Wednesday, and Friday at 10:00 a.m. in the stage area. This popular class is lead by YMCA's Amanda Goeringer. This is a fun workout that can be done from your chair or standing. We have between 20 to 25 participants in each class, but we will make room for more if needed. Participants who attend this class on a regular basis see the benefits. It is a great way to start your day and meet new people. Come join the class, you will really enjoy it. Don't forget to bring your water bottle.

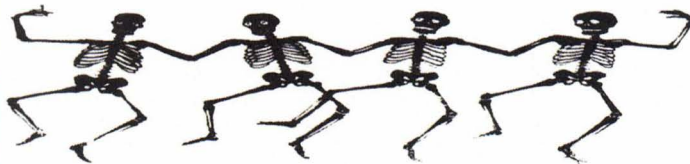


****Remember: Weatherford Nutrition will not be serving a meal on Monday, October 13th, Pioneer Center will be open and offering our programs. If you want to bring your lunch and visit with friends you are more than welcome.**

Line Dance for Exercise

2:00 p.m. Every Tuesday

Jan Lichti and June Peters teach this class every Tuesday. If you are a beginner or a seasoned dancer this group may be just what you are looking for. Come out and learn to line dance with all the benefits of a workout. Bring a bottle of water and your workout shoes and join in on the fun!



Happy Halloween
Friday, October 31st

It's that time of the year again, don't forget to get your flu shot!

FLU
SHOT

CRAFT CLASS

Introduction to Junk Journaling

October 16th, 9:30 a.m.

This month we are welcoming Anna Long, who will be teaching us the unique art of Junk Journaling. You may be wondering what is Junk Journaling, so I did a little research. Here is the definition I found..."A book which is often made through found and recycled materials to be used as a way to collect and record memories, thoughts, ideas, and inspiration." Sounds like fun to me!

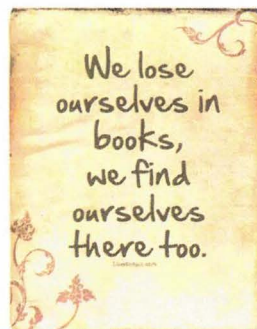
This will be the introduction class, just to familiarize us and get us started on our journey. There will be more classes in the future. I hope you will join Anna as we get started on this project.

Please sign up for this class starting on Wednesday, October 1st at 8:00 a.m. You can call the office to sign up at 580-772-1191 or come by the Pioneer Center Office.

PAGE TURNERS BOOK CLUB

Thursday, October 23rd—10:00 a.m.

Come join our monthly book club. Jason Dibbler is leading our book club and is doing a great job in the discussion of our monthly book. This month's book we will be discussing is "The Cemetery of Untold Stories" by Julia Alvarez. We meet in the Pioneer Center Library. Jason brings all the books or you can pick them up at the Weatherford Library, just tell them you are with the Page Turners Book Club. Cooler weather is approaching and it is the perfect time to join our book club, bring a friend or two and get in on the lively discussions.



Friday, October 3rd, 12:15 p.m.

"Girl Haunts Boy"

PG -13 - 1 Hour 40 min. - Comedy

Beatrix Jennings, a free spirited teen, is from the 1920's who died after being hit by a car. This comes after she has stolen a mysterious ring from the Spectral Valley Museum mere moments before her death. Cole, is a brilliant teenage boy who is grieving over his father's death and struggling to adjust after moving to a new town. Together, they are a perfect pair.



Friday, October 17th, 12:15 p.m.

"The Starling"

PG-13- 1 Hour & 44 Min.-Dark Comedy

Lily and Jack were happy. But a year after tragedy, they are lost. Until a pesky bird and an unconventional veterinarian nudge them toward a new path.

**We are going to try again to show this movie. Last month we were not able to watch it due to technical difficulties.

COSTUME CONTEST

Thurs., October 31st @11:00

Judging will be in the dining room. Don't forget to wear your costume for Halloween. Treats for all!

