MOW NUTRITION Weatherford

Sandy Williams, Site Manager
For Reservations call 772-1193
Call before 9:00 a.m.
Or you can call the day before.

December 2021

Note: Suggested donation for 60 years or Older is $3.00
Meal Cost for under 60 - $7.00
(Menus Are Subject To Change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Soft shell Tacos Pinto Beans Picante Sauce Green Salad w/Tomatoes Pears Iced Chocolate Sheet Cake	2 Hot Turkey Sandwich Candied Yams Sweet 'N Sour Green Beans Fruit Crisp	3 Smoked Sausage w/Peppers and Onions Hashbrown Potatoes Carrot Raisin Salad Biscuit Pudding
6 Chicken Salad Sandwich Potato Soup Vegetable Variety Salad Saltine Crackers Peaches	7 Bell Pepper Casserole Corn Roasted Cauliflower Cornbread Layered Pumpkin Dessert	8 Chili and Beans Combination Salad Pears Saltine Crackers Brownie	9 Chicken & Noodles Glazed Carrots Pea Salad Bran Muffin Hot Cinnamon Apples	10 Steak Fingers/Gravy Baked Potato Spinach Hot Roll Pudding
13 Ham Salad Sandwich Southwest Chicken Soup Coleslaw Tortilla Chips Mandarin Oranges	14 Chicken Fritter/Gravy Hashbrown Potato Casserole Green Beans Hot Roll Peach Cobbler	15 Vegetable Beef Soup Marinated Cucumber/Onions Cornbread Cinnamon Roll	16 Hobo Dinner w/Potatoes, Carrots, Onions Peaches/Cottage Cheese Hot Roll Pudding	17 Ham and Beans Oven Fries Tomato Spoon Relish Mexican Cornbread Cranberry Jell-o Desserts
20 Bar B Que Riblett Mashed Potatoes/Gravy Coleslaw Hot Roll Gingerbread/Caramel Sauce	21 Beef Stew Pea Salad Pears Cornbread Oatmeal Raisin Cookies	22 Baked Ham Potatoes Au Gratin California Blend Vegetables Hot Roll Pineapple Upside Down Cake	23 CLOSED For Christmas Holiday	24 Closed For Christmas Holiday
27 Chicken Tetrazzini Candied Sweet Potatoes Green Beans Wheat Hot Roll Peaches	28 Taco Soup w/Cheese Fruit Salad Tortilla Chips Frosted Peanut Butter Cake	29 Meat Loaf Red Skinned Potatoes Sliced Carrots Biscuit Fruit Cup	30 Pizza Broccoli Green Salad Apple Crisp	31 CLOSED For New Year's Day Holiday